



LEADERSHIP OPPORTUNITIES

Past, Present, & Future

Abstract

The following is a comprehensive list of my past, present, and future leadership opportunities through which I have been able to and will continue to grow as a leader. I have included a plan of action for the future as well as a description of my past opportunities to be a leader or co-leader.

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Coursework

Adult Learning Theories

Learned and implemented many strategies for improving human performance and learning in adults. Began my understanding of “Identity” and its role in the experiential education process.

Reflections and Processing

Acquired and experienced many different tools, strategies, and activities for enhancing learning and reflection amongst adults.

Psychology of Motivation

Focused on the underlying psychology behind motivation and how it is defined. The many different theories for defining and measuring motivation show how to make changes in the work, school, or personal life. While none of the current theories are perfect, they lend themselves to different types of leadership.

Experience and Nature

This class was essentially an enjoyable and educative reflection of the role of the numinous in learning and life.

Interpersonal Helping Skills

Empathy, body language, communication skills.

Group Procedures

Activities for leading groups to a better understanding of reality.

Psychology of Coaching

Coaching Philosophy.

Grants Administration

Communication Plan, Grant Writing, defining personal goals.

Leadership Inventory

Previous Leadership Opportunities

Challenge Course Facilitation

9/28/2015 – Mankato East Junior High AVID

Activities Used

9:30-10a Large Group Initiatives

Mosquito Tag, Have you ever, Alaskan baseball

10-11a Split into small groups

Bull Ring, Atomic Waste, Build It, Eschers,

Delta Force, Buzz Rings, Knot Exchange, Hula Hoops

Lunch

11:30-12p Challenge Circle and Harnesses

12-2:10p High Elements and Rock Wall

2:15-2:30p Debrief

Things Learned

First time doing things together, first time starting school together, what was successful in activity? How will you be successful this school year? 1 thing you learned, how are you going to use that this year?

When one kid is having a hard time, connect them to the group with knots and ropes.

9/30/2015 – MNSU Nursing Program

Activities Used

Large Group Initiatives – Gotcha, Have you ever

3 small groups – Build it, Eschers, Delta Force/River Crossing, Hoolah Hoop Pass, Toxic Waste, Bull Ring

Challenge Circle and Harnesses

High Elements

10/2/2015 – Greater Mankato Growth

Activities Used

Large Group Initiatives – 6-Count, Partner Intros, Biggest Fan RPS

High Elements

Things Learned

Make Belay team tell climber what to do (make them work together and help them understand the importance of what they're doing).

Belay outside the poles to help prevent swinging and be more forceful about taking out slack.

10/7/2015 – Sleepy Eye High School

Activities Used

Biggest Fan, Have you ever, Alaskan Baseball, Large Delta Force, Large Knot Exchange

High Elements 1, High Elements 2

Things Learned

Knowing what the group is about before the group shows up helps determine frontloading experience. Get everyone's attention before talking about important things safety related. Don't let anger fuel your facilitation when people are doing things you don't like.

10/9/2015 – Owatonna ALC

Activities Used

Large Group – Rock Paper Scissors Split, Biggest Fan, It's On, Line up, 6 count, eyes locked, SWAT, Lines of Communication
Small Groups – Build It, Eschers, Knot Exchange, Bull Ring, Key Punch, Turn Styles, Delta Force, Name Juggle
Challenge Circle and Harnesses
High Elements, Team Elements,
Group reflections

10/13/2015 – TBEI Inc.

Activities Used

Postcards
High Elements
Suit Debrief

10/18/15 – Honors Learning Community

Activities Used

6 count, gotcha, paper mingle, knot exchange, eschers, build it, atomic waste, delta force, traffic jam, bull ring

Things Learned

Be more demanding with no's, use more open ended questions and relate back to real life.

10/29/2015 – Central Freedom HS

Activities Used

Biggest Fan, 6 count, paper mingle with names, eye contact tag, the Dakine Game, Ubuntu, eschers, river crossing,
Rock Wall

Things Learned

Paper mingle with name on back and don't look at it until the end.
Remember to be interested in others, shoot the shit, comment on activities. Statements you notice, callout, compliment on specific things.
Command authority on technique and be adamant about verbal contracts every time. Focus on success and overcoming obstacles.

2/12/2016 – Greek Emerging Leaders

Activities Used

6 Count, gotcha, hoop pass name game, raccoon (rope circle sit stand), recipe for success, delta force, toxic waste, eschers, build it, postcards.

Things Learned

Slow down, prep beforehand: intro speech and who I am/what we do @ exed/why speeches.

3/19/2016 – Staff Training

Activities Used

Dice Game Doubles, Postcard Match with mission, Questions for Pondering (skills of a good facilitator, skills you already have, skills for growth, what makes you nervous about facilitation), UFO Circle, Debriefing spectrum, Chiji Processing Dice, Thumbballs, Chiji pocket processor, traffic stop debrief, creative questions, debriefing wheelies, processing cube, scifi tube, Ubuntu, mood dudes, foundation debrief, change debrief, postcards, deck of cards, conflict animals.

4/15/2016 – Delta Sigma Di

Activities Used

Gotcha, dance move, knights and dragons, Alaskan baseball, recipe for success, knot exchange, toxic waste, eschers, delta force

4/25/2016 – Maple River HS

Activities Used

Gotcha, knights and dragons, biggest fan, challenge circle, rock climbing

Things learned

Biggest fan – how to be supportive and cheered on. What does effective support look like?

5/1/2016 – MNSU Annual Giving

Activities Used

Gotcha, 6 count, question mingle, biggest fan, slap hands, contract goals/behaviors, delta force, eschers, build it, whale watch

Challenge Circle, harnesses, High elements

5/12/2016 – MRCI

Activities Used

Quotes, Handshakes Mixer, Playdough Pictionary, Olympics concentric Circles, Penny Dropper, Atomic Waste, Group Juggle, Escher's Dilemma, Build It, Delta Force, Zoom

Xtreme Challenge Facilitation

Leadership Growth Plan

Josh's Leadership Philosophy

My leadership philosophy is quite unique. Many people would say that there can never be more than one leader in a group or organization as that would cause stress, confusion, and conflicts of interest. I believe that every leader must know how to fit into many different roles. These roles range from being a follower to being a leader, ruling with force to ruling with kindness, leading by example to leading by authority, and being dictatorial to democratic when making decisions. I believe the most important quality of a good leader is not being able to fit into any one of these specific styles of

leadership, but rather knowing how to switch between roles and be the best leader for each individual experience and/or person. I believe that every leader must learn to identify their natural leadership style so they may recognize when they are on autopilot versus reading each situation independently. Once they have identified their natural leadership style, a great leader must then learn to identify which leadership styles the people around them respond best to. My natural leadership style is to lead by example, use positive reinforcement, and include other's opinions when making decisions. I want to see others succeed more than myself. I also see everyone as individuals with different motivational needs and preferences so I strive to figure out what each person or experience needs from me so I can be the most helpful possible.

Leadership Plan

Super Ninja

Develop a strategy for hiring quality staff members

Develop a training plan for staff members.

Define the most important aspects of what Super Ninja will be.

Warrior/Xtreme Challenge Arena Manager

Provide opportunities for coaches to become better coaches and to design more enticing games and activities that inspire learning.

Make it easier for staff to enter data into salesforce and Rock Gym Pro.

Weekly Meetings to discuss class activities and what will help coaches AND kids grow.

Communicate clearly with Mike with preparation and confidence. Speak to the truth, not my feelings.

Reflection on Leadership Values and Principles

What It Means to Be a Great Leader

A leader is someone who affects change in others. This change can be for the better or worse, and it is up to the leader to make the choices that determine the best change for others to undergo. A Great Leader is one who not only affects people for the better, but affects them so well they become great leaders themselves. Great leaders have quite a bit in common, so it is actually pretty easy to emulate a great leader and become one yourself. The reason more people don't become great leaders is because of how difficult it is to make the daily decisions necessary to be a great leader. Being a great leader is a responsibility, it is a choice you must consistently make on a daily basis, and often calls for sacrifice of oneself for the greater goal. a call to do the right thing consistently and

Values & Principles of a Great Leader

Consistency. Responsibility. Sacrifice. The ability to see others clearly.

Actions & Behaviors of a Great Leader